



Q: Where does my timing tag go?

A: Your timing tag can be tied to your shoelace on either shoe. When you pick up your race packet, there will be directions on the chip package. No timing tag, no finish time. You do not have to return your timing tag, that is yours to keep as a souvenir or used at another event that uses the IPICO Sports timing system.

Q: Where does my race bib go?

A: Please affix your race bib to the front of your shirt or with a race belt. We need to see that bib number at all times.

Q: Will I receive an award for completing the race?

A: Whether you finish first or last, all race participants will receive a custom finishers medal as soon as you cross the finish line. We believe all athletes should be awarded for their success.

Q: Where can I find results after the race?

A: Results will be posted at www.IronGirl.com on the event web site. Also your personal finishing time will be Emailed to after the race.

Q: Will I receive a photo from my race?

A: ASI photography at each race venue to take pictures of you during the race! Don't forget to smile ☺ You will receive an Email telling you when you can view (and order) the pictures. This will be approximately 1-2 weeks after the race date.

Q: In my race, I received two different finish times... an "gun finish time" and a "net time". Why don't the two times match?

A: The actual finish time, which is also called the gun time, represents the time the time company starts the race clock, up until the time you finished the race. Because there are many people at the starting line, once the race has officially started, there is a period of time before you cross the starting line. Your timing tag signals the system when you actually crossed the starting line and when you actually cross the finish line. For most people, unless you start at the very front (where most of the fastest runners stand), your gun and net time will not match. For race placement in your age group and overall standings the gun time is used. Also for awards the gun time is used.

Q. If I enter the mother/daughter category to run, do I have to stay with my mom/daughter?

A. A mother and daughter team do not have to run together. The mother and daughter finish times will be added together to determine your overall placement.

Q: What if I have to go to the restroom before, during or after a race?

A: If you gotta go, you gotta go! There will be Port-O-Lets throughout the race venue.



Q: What time do I need to be at the race before the start?

A: If you have already pre-registered we recommend that all athletes arrive at the race venue at least 30 minutes before the official start time. That means... the car is parked, you've picked up your race packet, your bib is on, your timing tag is tied to your shoes and you are standing among plenty of excited participants!

Q: I see people wearing belts with their number attached. Are these mandatory?

A: We want your race experience to be enjoyable. Please wear race clothing that you feel comfortable wearing. Some women prefer to safety pin their race number to a shirt/jersey during the run, whereas others prefer a race belt. The advantage of a race belt (especially for woman who wear a tri-suit) is that you can grab your belt and number quickly as you are transitioning from the bike to the run.